



| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|--|---------------------------------|---------------|-----|--------------|------|--------------|------|--------------|---------|
| 1 | 1 | Nina Rathjen, Tobias Schröder, André Ostermann | TEAM KAEFER | Staffel (Fa.) | 1 | 0:09:22 (2) | 2:46 | 0:30:17 (2) | 1:57 | 0:21:44 (4) | 1:06:06 |
| 2 | 23 | Katrin Ahrens, Peer Görke, Maximilian Rickers | OAS Runners Team 4 | Staffel (Fa.) | 2 | 0:10:55 (4) | 3:09 | 0:33:12 (6) | 2:25 | 0:20:18 (2) | 1:09:59 |
| 3 | 5 | Luca Hennig, Christoph Magda, Kai Hachenberger | Gerflor DLW Delmenhorst | Staffel (Fa.) | 3 | 0:12:21 (8) | 3:06 | 0:30:19 (3) | 2:31 | 0:24:54 (11) | 1:13:11 |
| 4 | 10 | Kirstin Meins, Robert Schleisiek, Dominic Jäger | GEWOBA - Team 1 | Staffel (Fa.) | 4 | 0:13:04 (12) | 3:09 | 0:32:33 (5) | 2:25 | 0:22:22 (5) | 1:13:33 |
| 5 | 18 | Carl Heinz Meyer-Frese, Hugo Wiggers, Jun Buchmann | Sparkasse Bremen 1 | Staffel (Fa.) | 5 | 0:08:43 (1) | 3:32 | 0:37:06 (15) | 2:23 | 0:23:13 (9) | 1:14:57 |
| 6 | 77 | Karl Stürmer, Alexander Schlie Niels Lüdemann | Neuland - Büro für Informatik 2 | Staffel (Fa.) | 6 | 0:14:22 (17) | 2:55 | 0:30:10 (1) | 2:54 | 0:24:59 (12) | 1:15:20 |
| 7 | 20 | Jan Kahlke, Cord Lange, Martins Lagzdins | OAS Runners Team 1 | Staffel (Fa.) | 7 | 0:12:26 (11) | 3:11 | 0:35:42 (10) | 2:19 | 0:22:24 (6) | 1:16:02 |
| 8 | 17 | Mathias Bartsch, Christopher Vogt, Fabian Pein | GEWOBA - Team 2 | Staffel (Fa.) | 8 | 0:12:25 (9) | 3:40 | 0:35:52 (11) | 2:21 | 0:22:57 (7) | 1:17:15 |
| 9 | 12 | Bernd Keuten, Jan Haserodt, Georg Mai | Highlifter#2 | Staffel (Fa.) | 9 | 0:12:03 (6) | 3:24 | 0:33:15 (7) | 2:50 | 0:26:11 (15) | 1:17:43 |
| 10 | 9 | Imke Schilling, Michael Pacholke, Sabine Harth | Team Bremen 1 Immisa | Staffel (Fa.) | 10 | 0:10:33 (3) | 3:18 | 0:36:04 (12) | 2:46 | 0:27:06 (16) | 1:19:47 |
| 11 | 16 | Christoph Naue, Dirk Grollius, Frank Seedorf | Highlifter#1 | Staffel (Fa.) | 11 | 0:12:11 (7) | 3:27 | 0:36:08 (13) | 2:34 | 0:25:30 (14) | 1:19:50 |
| 12 | 4 | Dieter Strehler, Jorge Herdt, Alexander Albrecht | Dataport AöR | Staffel (Fa.) | 12 | 0:13:13 (15) | 3:27 | 0:35:30 (9) | 2:41 | 0:25:00 (13) | 1:19:51 |
| 13 | 14 | Robert Mund, Marc Oliver Westphal, Tim Gerke | gastronovi 3 | Staffel (Fa.) | 13 | 0:14:24 (18) | 3:02 | 0:39:19 (19) | 2:19 | 0:21:19 (3) | 1:20:23 |
| 14 | 6 | Boris Marx, Alexander Marx, Richard Vocke | Kapitel-Faser | Staffel (Fa.) | 14 | 0:14:57 (20) | 3:13 | 0:37:50 (17) | 2:23 | 0:22:57 (7) | 1:21:20 |
| 15 | 76 | Henrik Endl, Sajjad Khoshrou, Domenic Ahrens | Neuland - Büro für Informatik 1 | Staffel (Fa.) | 15 | 0:11:33 (5) | 2:53 | 0:31:05 (4) | 2:12 | 0:33:41 (21) | 1:21:24 |
| 16 | 13 | Daniel Jäger, Andreas Jonderko, Daniel Jäger | gastronovi 1 | Staffel (Fa.) | 16 | 0:12:25 (9) | 3:11 | () | | 0:20:10 (1) | 1:21:56 |



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|-----|-------|--|-------------------------------------|---------------|-----|--------------|------|--------------|------|--------------|---------|
| 17 | 19 | Jörg Preuss, Michael Matzas, Maike Harting | Sparkasse Bremen 2 | Staffel (Fa.) | 17 | 0:14:24 (18) | 3:31 | 0:36:54 (14) | 2:40 | 0:24:37 (10) | 1:22:06 |
| 18 | 22 | Jörg Antoni, Bernd Heissenbüttel, Iwona Federspiel | OAS Runners Team 3 | Staffel (Fa.) | 18 | 0:13:06 (13) | 3:33 | 0:37:32 (16) | 2:56 | 0:30:48 (18) | 1:27:55 |
| 19 | 24 | Marcel Dechert, Patrick Osterhorn, Umesh Sevra | OAS Runners Team 5 | Staffel (Fa.) | 19 | 0:17:02 (22) | 3:08 | 0:35:06 (8) | 2:15 | 0:31:47 (19) | 1:29:18 |
| 20 | 15 | Ruslan Khaibullin , Myron Höster, Julia Philipps | gastronovi 2 | Staffel (Fa.) | 20 | 0:15:02 (21) | 2:56 | 0:38:15 (18) | 2:56 | 0:31:48 (20) | 1:30:57 |
| 21 | 21 | Martin Härtel, Nicola Heyne, Matthias Stelter | OAS Runners Team 2 | Staffel (Fa.) | 21 | 0:13:12 (14) | 2:21 | 0:43:14 (20) | 2:50 | 0:29:39 (17) | 1:31:16 |
| 22 | 2 | Björn Götsch-Dohle, Ralf Sudmann, Heiko Pflaum | Team Kinderhospiz Löwenherz Technik | Staffel (Fa.) | 22 | 0:13:28 (16) | 4:29 | 0:48:04 (21) | | () | 1:34:56 |